

**JMT GEAR LIST**

<b>Category</b>	<b>Type</b>	<b>Item</b>	<b>Weight (oz.)</b>
<b>Packing</b>			
	Backpack	Inov-8 Race Pac 32	21
	Bear Canister	Bearikade "The Scout"	28.2
		<b>Sub-Total</b>	<b>49.2</b>
<b>Shelter/Sleeping</b>			
	Shelter	GoLite Poncho Tarp	7.2
	Sleeping Bag	Western Mountaineering HighLite	17.8
	Sleeping Pad	Gossamer Gear Nightlight Sleeping Pad	4.7
	Ground Cloth	Gossamer Gear Ground Cloth	1.6
	Bivy/Bug Protection	Titanium Goat Ptarmigan Bivy w/ Bug Net	5.9
	Stakes - Hook	GG Titanium Tite-Lite Tent Stakes-Long-Hi Viz (4)	1
	Stakes - V	GG Titanium Tite-Lite Tent Stakes - V - Hi-Viz (2)	0.8
	Guy Line	Gossamer Gear EZ2C Line (2x8', 2x4', 4x3')	1.1
	Pillow	Exped Air Pillow UL Large	2.1
		<b>Sub-Total</b>	<b>42.2</b>
<b>Clothing Packed</b>			
	Shell Jacket	Skinfit Vento Light Jacket	3.6
	Shell Pants	Skinfit Vento Loose Fit Pant	5.5
	Sleeping Socks	Skinfit Basics All Terrain Sock	1.9
	Running Gloves	Skinfit Basics Running Gloves	1.4
	Cold Weather Hat	Skinfit Basics Functional Hat Light	1.2
	Base Shirt	Skinfit Klima T-Shirt	4
		<b>Sub-Total</b>	<b>17.6</b>
<b>Cooking/Drinking</b>			
	Water Container	Nalgene 32oz Wide Mouth Cantene (no lid)	1.5
	Bottle Adapter	Raidlight Complete Smart Tube Kit (hose/cap)	3
	Secondary Water Container for cooking/camp	Nalgene 32oz Wide Mouth Cantene (after mods)	2
	Pot	Evernew Titanium .9L	3.2
	Stove	Snow Peak Lite Max Titanium	2.3
	Fuel	Snow Peak Giga Power 110g	7.4
	Spoon	MSR Plastic Folding Spoon	0.3
	Purification	Steripen + Batteries	3.7
	Extra Steripen Batteries	2x C123	1.2
		<b>Sub-Total</b>	<b>24.6</b>
<b>Medical/Emergencies</b>			

	Ibuprofen x 11, Immodium x 6, Antihistamine x 2		0.2
	Band-aids (5 standard)		0.1
	Duct Tape		0.3
	Moleskin		0.1
	KT Tape	4 strips	0.6
	Antibiotic Ointment x 2, AfterBite Itch Relief x 2		0.2
	Gauze Pad x 2		0.2
	Alcohol Prep Pad x 3		0.1
	Light	Spot Headlamp w/ Lithium Batteries	2.8
	Knife	Small Multi-tool	0.6
	Firestarter	Small Bic Lighter	0.4
	Whistle		0.2
	Large Safety Pins x 3		0.1
		<b>Sub-Total</b>	<b>5.9</b>
<b>Toiletries</b>			
	Toilet Paper		3.4
	Hand Sanitizer	Purell	2.1
	Toothbrush	Colgate Wisp	0.1
	Camp Towel	MSR Packtowel Personal	0.8
	Toothpaste	Chewable toothpaste tablet (9)	0.2
	Sunscreen	w/ container	1.4
	Lip Balm	Banana Boat Sport	0.4
	Anti-Chafe	w/ container	1.3
	Supplements (Iron & Melatonin)	1 per day each	0.7
		<b>Sub-Total</b>	<b>10.4</b>
<b>Gadgets</b>			
	Phone/Camera	iPhone 5 w/ Lifeproof case	5
	Cables	Phone Charger	0.6
	Delorme In Reach Satellite Communicator		8.3
	Extra Batteries	3xAAA Lithium, 4xAA Lithium	2.9
	Pen		0.1
	Notebook		2
		<b>Sub-Total</b>	<b>18.9</b>
<b>Worn/Carried</b>			
	Trail Running Shoes	Hoka Stinson Evo sz 13	30.4
	Socks	Injinji Midweight Mini-Crew Trail 2.0	2.1
	Gaiters	Dirty Girl Gaiters	1.1
	Running Shorts	Skinfit Vento Short	4

	Tech T-Shirt	Skinfit Aero T ORP Team Shirt	4.8
	Running Hat	Skinfit Basics Visor	1.6
	Sun Glasses		1
	Trekking Poles	BD Ultra Distance Trekking Pole	10
		<b>Sub-Total</b>	<b>55</b>
<b>Consumables</b>			
	Food	(at start)	74.7
	Water	1 Liter at a time	35
		<b>Sub-Total</b>	<b>109.7</b>

	Ounces	Pounds
Base Weight (A)	145.4	9.0875
Consumables (B)	109.7	6.85625
Fully Loaded Pack (A+B)	255.1	15.94375
Worn on Body (C)	55	3.4375
Skin Out Weight (A+B+C)	310.1	19.38125